



Elayne Arterbery, M.D., is a radiation oncologist at Crittenton Hospital in Rochester, Michigan, specializing in the treatment of prostate cancer. Dr. Arterbery earned her medical degree from the University of Michigan Medical School in Ann Arbor, Michigan. She completed her residency in radiation oncology at Memorial Sloan Kettering Cancer Center in New York. Prior to joining the staff at the Detroit Medical Center, Dr. Arterbery was on full time faculty at The John Hopkins Oncology Center in Baltimore, Maryland. Dr. Arterbery is an active member of several professional

societies, including the American Society for Therapeutic Radiology and Oncology and the American College of Radiology. Her fellowships include the American Cancer Society Clinical Oncology Fellowship, the Kodak Fellowship Radiology/Radiation Oncology from the National Medical Association and the NIH Summer Research Fellowship. She is an expert in the area of Prostate Brachytherapy and was a visiting professor, lecturing on the techniques of seed implantation. She is an authority on the side effects and the quality of life after seed implant. She has trained other physicians in the technique of prostate brachytherapy in the US, Canada, Europe and Brazil.

Dr. Arterbery has published articles on prostate cancer and 1-125 seed implantation in several prestigious peer reviewed medical journals including the Journal of Urology and the International Journal of Radiation Oncology and Biological Physics. She has also presented her research at the Radiological Society of North America and the American Endocurietherapy Society. She enjoys travelling shopping, historic home restoration and collects antique cars. She was recently honored by Hour Magazine as one of the Top Doctors for 2009.



T. Jann Caison-Sorey, M.D., M.S.A., F.A.A.P., is Blue Cross Blue Shield of Michigan Senior Medical Director of PPO and Care Management Programs. Dr. Caison-Sorey is a graduate of the University of New York at Buffalo, School of Medicine and Biomedical Sciences with a Doctor of Medicine degree. She holds a Master of Science degree in Administration (Health Services) from Central Michigan University and her undergraduate work was done at Winston-Salem State University, where she received her Bachelor of Science degree in Biology/Chemistry.

Dr. Caison-Sorey has continued her work at Blue Cross Blue Shield of Michigan as clinical lead for their Wellness and Care Management Program focusing on improving health outcomes for BCBSM members with Diabetes, Coronary Artery Disease, Heart Failure, Asthma, Chronic Obstructive Pulmonary Disease and Depression.

Dr. Caison-Sorey has an active clinical practice at Henry Ford Health System, Detroit, MI. where she was formerly Head of the Primary Care Pediatrics and Adolescent Medicine Ambulatory division, Detroit Campus, for many years. Caison-Sorey was honored for being a founder of Henry Ford Health System's School-Based and Community Health program in Detroit which has been serving children and adolescents since 1991. The school-based and community health program represented a new strategy in addressing the unmet health care needs of underserved, high-risk and vulnerable youth in Detroit. Dr. Caison-Sorey revamped the hospital clinic model and put clinics in the public schools which eliminated significant access barriers to health care.

Student absenteeism due to illness declined dramatically, parents experienced a reduction in missed work days, immunization rates soared above 90 percent and teen pregnancy rates fell to near zero. As a result, other school-based clinics and a community health center were established in economically deprived areas of Detroit. The School Based and Community health program that she worked to establish now serves upwards of 10,000 high-risk and vulnerable youth.

Dr. Caison-Sorey is a Fellow of the American Academy of Pediatrics (FAAP) and a Diplomat of the American Board of Pediatrics and has received the American Academy of Pediatrics 2008 "Founders of Adolescent Health Award." The award recognizes exemplary achievement on behalf of adolescents on a local level.



Vernice Davis-Anthony, M.P.H. is the president and CEO of the Greater Detroit Area Health Council (GDAHC) and has a proven track record in developing and working with collaborative models aimed at improving health care quality, cost and access to care. Before joining the Health Council, Anthony was the senior vice president of corporate Affairs and Community Health at St. John Health System where she provided the vision and leadership for a model process for integrated community involvement and programming and established a collaboration model for Detroit's leading health care

systems. Ms Anthony has served as the director of the Michigan Department of Public Health where she provided leadership for infant mortality programs that resulted in the lowest infant mortality rate in Michigan' history and established programs to reduce health disparities in minorities.

In January 2007, GDAHC was recognized as a Community Leader for Value Driven Healthcare by the U.S. Department of Health and Human Services. She is the recipient of numerous awards including being named one of the area's Most Influential Women by Crain's Detroit business.

Davis Anthony serves on several boards and committees including the Michigan Women's Foundation, Joint Commission Business Advisory Group, the Governor's Council of Economic Advisors, Focus Hope, Michigan Health Insurance Access Board and New Detroit and Molina Healthcare of Michigan. Anthony is Past President of the Detroit Wayne County Airport Authority and the Western Michigan University Board of Trustees and is Governor Emeritus of the Wayne State University Board of Governors. She has been an MCS member since 2009.

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Karen Heidelberg, M.D., a board certified dermatologist is a native Detroiter. She received her medical degree from Howard University College of Medicine, and completed her internship in Internal Medicine at the George Washington University Hospital. After completing her Dermatology residency at the Mayo Clinic in Rochester, MN where she received recognition for excellence in patient care, she returned to Detroit to practice. She is currently in practice where she is managing partner of Heidelberg Dermatology, P.C., a practice established by her father in 1971. Serving the Detroit area for nearly 40 years, the practice is dedicated to providing excellent dermatologic care. It is known nationally and is recognized for the excellent patient care given and their management of complex dermatologic issues.

Dr. Heidelberg is a member of the National Medical Association, the America Medical Association, Michigan State Medical Society, Detroit Medical Society, the American Academy of Dermatology, Michigan Dermatologic Society, and the Women's Dermatologic Society. She has served on several committees of the American Academy of Dermatology, and currently serves on several boards. In addition to her practice, she is a faculty member of the St Joseph Mercy Hospital Dermatologic residency where she trains residents. She also teaches other residents as well as medical students. She has received several awards for teaching.

Dr. Heidelberg is very involved with her community where she is an active member of her church serving as an elder, a member of Delta Sigma Theta, Inc., Jack and Jill of America and Links, Inc. She has been married for 16 years to Dr. John M. Barnwell and has 2 children, Vera and John Jr.



Florine Mark is, President and CEO of The WW Group, Inc., based in Farmington Hills, Michigan. Florine is the leading U.S. franchise holder of Weight Watchers International. The WW Group, Inc., an internationally recognized weight loss enterprise, had its humble beginnings as a family business created by Florine from the ground up. Her relatives were the first members, while Florine's mother worked the telephones. Florine's commitment to empower women is visible with the large number of women from various age groups and backgrounds in her Michigan and Canadian operations.

Success and growth quickly followed as Florine consistently acquired franchises throughout the Midwest, East Coast, Canada and Mexico. Some of these franchises were sold in 2003 in a lucrative deal to Weight Watchers International, but Florine retained all operations in her home state of Michigan, as well as in Northern Ontario, Canada.

She serves as an advisor, advocate and board member on approximately 35 committees and civic organizations, including The American Heart Association, Detroit Institute for Children, Detroit Renaissance, C200, Belle Isle Women's Committee and the Community Foundation for Southeastern Michigan, and the Governor's Council on Fitness. She has also served on the boards of Seeds of Peace and the chair of the Detroit Branch of the Federal Reserve Bank of Chicago.

Florine's empowering message on weight loss, self-esteem and self-growth put her in great demand as a speaker at business and health conferences, board meetings, medical facilities and educational institutions across the country. She hosts her own weekly morning radio show, "Remarkable Women," on Magic 105.1 FM in Metro Detroit. She also is seen each

week across the state on the highly popular "Ask Florine" segment on ABC's local television station, WXYZ's Action News. Most recently, Florine fulfilled a life-long dream by seeing her first book published. "Talk to the Mirror" is compelling and eye-opening. In it, Florine speaks from the heart about what it takes to triumph in all areas of life including family, career and relationships.

Despite all the time she's given in motivational speeches, entrepreneurial activities and humanitarian pursuits, Florine acknowledges that her most precious moments are devoted to her family to which she is utterly dedicated. She has five children, two stepchildren and 24 grandchildren.



Patricia A. Maryland, Dr.P.H., is the President and Chief Executive Officer of metro-Detroit based St. John Health and the Ascension Health Ministry Market Leader for the Michigan Region.

Dr. Maryland assumed the role of President and Chief Executive Officer of St. John Health on January 1, 2008. Maryland has embarked on a transformation of the organization, focusing on increasing access to healthcare, enhancing the quality of healthcare by shifting resources to patient care, and reducing the cost of healthcare. Under Dr. Maryland's leadership, St. John Health partners with many

universities/schools on educational programs to train individuals for jobs where there are critical shortages in the health care industry.

Named to the position of Ascension Health Ministry Market Leader for the Michigan Region in September 2007, Dr. Maryland is responsible for the strategic positioning and operational performance of the Michigan Ascension Health Ministries, as well as the identification, promotion and sharing of best practices within the state and across Ascension Health. Together, the Michigan Ministries employ more than 31,000 associates and provide care for one out of every eight admissions in the state.

In 2005, Dr. Maryland's expertise in health care access issues led to her being selected by the Comptroller General of the United States, David Walker, to chair the Citizens' Health Care Working Group. As chair, Dr. Maryland led the non-partisan group in engaging the public in a nationwide discussion of options to address the current crisis in health care and improve the health care system in the United States. The Working Group developed recommendations to transform the nation's health care system. Their final recommendations were presented to President George W. Bush and Congress in fall of 2006.

Dr. Maryland has nearly 30 years of health care experience that includes executive leadership roles at the Cleveland Clinic in Ohio, North Oakland Medical Centers in Pontiac, Mich., and Sinai-Grace Hospital (a member of the Detroit Medical Center in Michigan). She holds a bachelor's degree in applied mathematics from Alabama State University, a master's degree in biostatistics from the University of California – Berkeley, and a doctorate of public health with a concentration in health services administration and planning from the University of Pittsburgh.

She is a member of the American College of Healthcare Executives, the National Association of Health Services Executives and the Medical Group Management Association. Dr. Maryland has published several papers, is involved with various community associations and sits on numerous boards.

She and her husband, Dr. Samuel Tekyi-Mensah (TAY-chee MEN-sa) are the proud parents of two children.

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Sharon Miller, M.D., is a cum laude graduate of Purdue University and a graduate of Michigan State University medical school. In 1194, she completed her residency at Sinai Hospital. Dr. Miller chose to practice Obstetrics and Gynecology.

She is the managing partner of Northwestern OB/GYN in Farmington Hills, a Providence St. John Hospital affiliate. On average she sees 3500 patients per year and delivers babies at a pace that place her within the top five performers in her department. Dr. Miller is also acknowledged for delivering the very first baby at the brand new Providence Park Hospital in Novi, Michigan in September 2008.

Her passions are caring for high-risk pregnant women and providing gynecological counseling and treatment to adolescents. She is Senior Faculty member for Western Region of St. John Health. In that capacity, Dr. Miller devotes a tremendous amount of time to resident and medical student education.

Dr. Miller is a frequent lecturer for Warner Chilcott and GlaxoSmithKline pharmaceutical companies. She also authored the Foreword for a recent book on natural child birth. Moreover she is a tireless advocate for breast cancer research and prevention.

Dr. Miller is the mother of three sons, Michael, Nick and Jordan. She is often seen cheering for her sons at soccer, baseball and lacrosse games. She is the wife of Dr. Louis Radden, an Orthopedic Spine Surgeon and founder of Spine Specialists of Michigan, P.C.



Teresa Parker, was named the Chief Operating Officer of Sinai-Grace Hospital in January, 2009. She served as the Vice President of Patient Care Services at Sinai-Grace hospital from March 2006 until she was promoted in January 2009. Her responsibilities currently include operational and financial oversight of over one thousand employees. Hospital departments reporting directly to Ms. Parker include IN-patient and Out-patient surgery departments, Ambulatory services, Clinical Transformation, Respiratory Therapy , Radiology, Cardiology, Security, Risk Management, Supply Chain

Management, and the Customer Service Excellence departments. While at Sinai-Grace Hospital Ms. Parker lead the team in the successful planning and implementation of the Electronic medical Record, receiving full hospital accreditation by the Joint Commission in 2008, and improved customer service.

Prior to coming to Sinai Grace Hospital in March 2006, Ms. Parker served in a dual role as Vice President of Norton Healthcare and President/Administrator of Norton Southwest Hospital, a 150 bed hospital in Louisville, Ky. Ms. Parker started her career with Norton Healthcare at age 15 working in the dietary department and worked her way up to President in 2000.

Ms. Parker holds a Master of Science in Business Administration degree from Webster University, Jeffersonville, IN., a Master of Science in Nursing Administration from the University of Louisville, Ky., and a Baccalaureate of science in Nursing from Spalding University in Louisville, Ky. She currently serves on the Advisory Board for Nursing at University of Detroit Mercy in Detroit, MI.. As a seven-teen year Breast Cancer Survivor and former Cancer nurse, Ms. Parker coaches and counsels other cancer survivors. Ms. Parker is the mother of Shavonne Parker, who is twenty-two and Frederick Parker, Jr., twenty-six. She has a daughter-in-law, Myra Parker and a one year old grandson, Ethen Parker.



Shauna Ryder-Diggs, M.D., is a dermatologist in solo private practice at Cosmedic Dermatology: Shauna Ryder Diggs, MD, PC. She practices general, cosmetic, and laser dermatology, with over 15 years of laser dermatology experience. Dr. Diggs specializes in using the latest advancements in dermatology for skin rejuvenation, and has created the CosmedicDerm Professional Skin Care product line which maintains youthful, clear, vibrant skin.

Dr. Shauna Ryder Diggs is a graduate of the University of Michigan Inteflex Program with its combined seven year medical school and undergraduate education, and the University of Michigan Medical Center Internal Medicine Internship and Dermatology Residency programs. She is a board certified dermatologist of the American Board of Dermatology, and a fellow of the American Academy of Dermatology and the American Society of Dermatologic Surgeons. Dr. Diggs is on the staff of St. John Medical Center, Sinai-Grace Hospital, and Beaumont-Grosse Pointe Hospital.

She is personally and professionally involved in her community, serving as chair of the board of the Blue Cross Blue Shield of Michigan Foundation, and serving of the boards of the Detroit Institute of Arts, the Detroit Zoological Society, Forgotten Harvest, and Blue Care Network. Dr. Diggs is married to Douglass Diggs and has two daughters, Jacqueline and Alexandra.



Nancy Schlichting is President and Chief Executive Officer of Henry Ford Health System, a nationally recognized \$3.7 billion health care organization with 23,000 employees. She is credited with leading the health system through a dramatic financial turnaround and for award-winning patient safety, customer service and diversity initiatives.

Schlichting joined Henry Ford Health System in 1998 as Senior Vice President and CAO. In 1999 she was named its Executive Vice President and COO. In 2001 she assumed an additional role as President and CEO of Henry Ford Hospital, and is credited for its financial turn around. In June 2003 Schlichting was named President and CEO of Henry Ford Health System.

A hallmark of Schlichting's career is working with community, legislative and business leaders to improve health services while providing affordable care. Nancy serves on numerous community, professional, and corporate boards that reflect both her professional and personal interests. She is a member of The Kresge Foundation Board, the Walgreen Company Board, the Michigan Health and Hospital Association Board (Past Chairman), the Detroit Regional Chamber Board, the Greater Detroit Area Health Council Board, Citizen's Council Research of Michigan and a member of the Detroit Economic Club Board.

Another hallmark of Schlichting's career is her ability to balance her service to the community with her own exemplary career that has resulted in many forms of recognition over the years. In 2009, Nancy received the "Lung Health Champion Award" from the American Lung Association; Modern Healthcare magazine named one of the "100 Most Powerful People in Health care" for the fourth year in a row by Modern Healthcare magazine in 2008.

In 2006, Crain's Detroit Business named Schlichting one of Detroit's Most Powerful People, in 2005, chosen as one of the top ten Newsmakers of the Year by Crain's Detroit Business, winner of the Michigan Health and Hospital Association's "Health Care Leadership" Award and the Michigan Business & Professional Association's "Distinguished Leadership Award."

Schlichting received her A.B. in Public Policy Studies, Magna Cum Laude from Duke University and her M.B.A. from Cornell University. She and her family reside in Bloomfield Township, Michigan.



Lynn Smitherman, M.D. is an Assistant Professor of Pediatrics at Wayne State University and in the Division of General Pediatrics at Children's Hospital of Michigan. A native of Long Island, New York, she received her undergraduate degree from McGill University in Montreal, Quebec, Canada and her medical degree from the University of Cincinnati College of Medicine. She has completed a certificate degree in Medical Education Research at Wayne State University in 2008. Upon completion of her training, Dr. Smitherman joined the staff at Riverview Pediatrics in Detroit.

Dr. Smitherman is a general pediatrician who provides primary care for children with special health care needs in a clinic she helped establish for this purpose at Children's Hospital of Michigan. Her practice has been selected to be a pilot site in Michigan for the Children's Special Health Care Medical Home project.

Dr. Smitherman is also involved in community outreach. She delivers medical care to children in residential care facilities, shelters and school-based clinics, including Catherine Ferguson Academy, where she established a teen mother and baby clinic 6 years ago. She has developed and implemented a Community Pediatrics curriculum at Wayne State University. Her innovative curriculum has received funding from the Arnold P. Gold Foundation. Dr. Smitherman's research interests include resident education, community pediatrics, and cultural health beliefs. Dr. Smitherman is a Fellow of the American Academy of Pediatrics, is active in the National Medical Association, where she serves as Co-Chair of the NMA PedsNet, the Pediatric Clinical Research Committee. She is active in role modeling and mentoring future physicians by supervising summer research projects through the National Institutes of Health and hosting future physicians to shadow her at work.

Dr. Smitherman is married to Dr. Herbert Smitherman, an internal medicine physician. They live in Detroit and have two children.



Lorna L. Thomas, M.D. is a graduate of Wellesley College and the University of Michigan Medical School, with honors in Internal Medicine, Infectious Diseases, Rheumatology, Psychiatry, Obstetrics and Gynecology, Otorhinolaryngology, General surgery, Plastic Surgery, and Dermatology.

She completed her internship and postgraduate residency training in Dermatology at Henry Ford Hospital, where she was the first African American Chief Resident in Dermatology. She is board – certified in

Dermatology, and is a Fellow of the American Academy of Dermatology, the American Society for Dermatologic Surgery and the American Society for Laser Medicine and Surgery. Her special interests are keloids, cutaneous T – cell lymphoma, cicatricial alopecia and rejuvenation of aging skin.

She is a member of the American Medical Association, National Medical Association, Michigan State Medical Society, Wayne County Medical Society and the Women's Dermatological Society. She is also a member of the Michigan Dermatological Society, where she was the first African American female president. She serves as a consultant to television channels 2 and 7 in Detroit, Essence magazine, Proctor and Gamble, Galderma, Steiffel, Allergan, Medcis and Sanofi-Aventis.

She is Chairman of the Board of Trustees of Detroit Receiving Hospital, and a member of the Boards of the Detroit Medical Center, the Detroit Institute of Arts, Michigan Opera Theatre, MGM Grand Detroit and the New Center Council. In 2005 she established the Lorna L. Thomas Scholarship for a minority medical student at the University of Michigan Medical School.

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Patricia Wilkerson-Uddyback, M.D., F.A.C.E.P.,

was 5 years old when she knew she wanted to be a doctor. Today, she still wants to be a doctor. She credits always meeting people that would direct, advise and guide her to make good decisions about the future. Wilkerson-Uddyback is a graduate of Michigan State University, Wayne State University School of Medicine and completed a combined residency in emergency medicine and pediatrics at the Detroit Medical Center. She chose to start her professional career at Detroit Receiving Hospital and Children's Hospital of Michigan. Over

the past 15 years while at the DMC she has practiced in various emergency departments throughout Detroit, trained and mentored many medical students and residents. She has been featured on the TV show Trauma: Life in the ER and was part of the DMC's 29 minute publicity campaign. One of her greatest professional accomplishments was being selected to be the Chief of the Emergency Department at Harper-Hutzel Hospital in 2008.

Dr. Wilkerson-Uddyback has always felt the need to reach back and offer support and shadowing opportunities to high school and college students and residents. She has also been an advocate for survivors of domestic violence and served as the chair of the Wayne County Medical Society Task Force against Violence and sit on the board of directors for Serenity Services.

She and husband, Odie Uddyback, serve as Co-Chairs for the YWCA Interim House 30th Anniversary Gala, which is Detroit's only shelter for victims of domestic violence. They are blessed to have three beautiful daughters and have been married for 16 years. She continues to build a legacy of excellence in medicine and service to the community.



Kimberlydawn Wisdom, M.D. M.S.,

is Vice President of Community Health Education and Wellness & Michigan's First Surgeon General. Dr. Kimberlydawn Wisdom is a board-certified Emergency Medicine Physician who practiced for 20 years at the Henry Ford Health System in Detroit, MI. She also founded and directed both the Institute of Multicultural Health at Henry Ford Health System and a National Minority Quality Forum award-winning community-based health screening initiative entitled "AIMHI" (African American Initiative for Male Health Improvement) focused on improving the health of

those disproportionately affected by poor health outcomes – African American men. She is an Assistant Professor of Medical Education at the University of Michigan Medical Center and serves as adjunct Assistant Professor in the Department of Health Behavior and Health Education at the University of Michigan School of Public Health.

In February 2003, Governor Jennifer M. Granholm took an important first step toward revitalizing public health in Michigan by appointing Kimberlydawn Wisdom, MD, as Michigan's—and the nation's—first state-level Surgeon General to address Michigan's less than desirable health status. When Governor Granholm appointed Dr. Wisdom, she asked that Dr. Wisdom serve as an unbiased, non-partisan, evidence-based, best practices advocate for the health of our citizens. In addition, Dr. Wisdom was charged with rebuilding the public health system, developing public health policy, and building collaborative partnerships. Dr. Wisdom has been leading Michigan's public health promotion and disease prevention efforts.

In April 2007, Dr. Wisdom returned to Henry Ford Health System as Vice President of Community Health Education and Wellness while retaining her post as Surgeon General. She has been married to Garth A. Wisdom, Sr. for 29 years and has three children.

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